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- 1 Virtual Urgent Care Available
- 2 Lessen your wait, Activate!
- 3 Know Before You Go
- 4 Holiday Schedule
- 5 PRISM Clinic offers STI testing services
- 6 Winter Safety Tip
- 7 Scheduled Virtual Visits

If you're feeling unwell and think a virtual visit could help, call the MHS Nurse Advice Line at 1-800-874-2273 to **request an urgent care video visit**. Virtual urgent care hours: Monday-Friday, 7 AM to 8 PM; Saturday, 7 AM to 2 PM. Closed Sunday.

The Nurse Advice Line is available 24/7/365 by phone, web and video chat. Speak with a registered nurse who can help you answer urgent care questions, give you health care advice or help you find a doctor.

Lessen your wait, **ACTIVATE!**

For the quickest service at our pharmacy, we encourage you to activate and request your prescription before coming to pick up your medication.

Prescriptions do not automatically get filled.

Text "Get in Line" to 833-224-5456 to request your new or renewed prescriptions **before** coming to the pharmacy.



Know Before You Go

Check our social media announcements for our operating status before heading out for your appointment or picking up prescriptions.

UPCOMING OBSERVANCES, EVENTS & CLOSURES

Dec. 18: Early closure at 2 PM
Dec. 24-Jan. 3: Sick call CLOSED

Dec. 25: CLOSED- Federal holiday
Jan. 1, 2025: CLOSED- Federal holiday



Holiday Schedule

Wednesday, Dec. 18

EARLY CLOSURE AT 2 PM

Please remember to: Complete lab or radiology orders and/or pick up your medication at the Main or PX pharmacies **before 2 PM.**

Wednesday, Dec. 25

CLOSED

Wednesday, Jan. 1, 2025

CLOSED

Sick call services unavailable Tuesday, Dec. 24, 2024– Friday, Jan. 3, 2025

Sick call resumes Jan. 5, 2025.



Cold weather injuries occur when the body cannot maintain necessary warmth. As temperatures decrease and winds increase, the danger escalates. Dress in layers and change out of damp clothing to reduce risk.

PRISM Clinic offers STI testing services

Prevention, Readiness, Information, Support & Management

Our Department of Public Health's PRISM (Prevention, Readiness, Information, Support & Management) clinic offers walk-in STI testing, counseling and treatment services Mondays, Wednesdays, and Fridays from 8-10 a.m., in building 2473 (temporary building next to Kimbrough). HIV Pre-Exposure Prophylaxis (PrEP) services are by appointment at 301-677-8402.

The clinic is available to TRICARE beneficiaries who are at least 18 years old and are not pregnant.

Who could benefit from HIV PrEP?

- Anyone who has a sexual partner(s) with unknown HIV status.
- Those with HIV positive sexual partners.
- People who have had an STI in the last 6 months.
- PrEP is available to anyone who is interested.

How to start PrEP?

- Self-refer to Fort Meade Department of Public Health at 301-677-8402.
- Referral from primary care provider to the Fort Meade Department of Public Health.



Scheduled Virtual Visits



WHY WORRY? BOOK VIRTUAL!
Skip the Traffic and Enjoy the Morning With a Virtual Visit
Call 301-677-8800 and ask if your provider has virtual visits available!



The 988 Suicide & Crisis Lifeline provides free, confidential emotional support to people in

suicidal crisis or emotional distress 24 hours a day, 7 days a week, across the U.S.